

# ROOT-AND-BRANCH OUT CIC

## IMPACT REPORT 2018/2019

NURTURING COMMUNITY THROUGH NATURE

### ACHIEVEMENTS

PROJECTS THIS ACADEMIC YEAR!

**FOREST SCHOOL-** WORKING WITH TWO PRIMARY SCHOOLS IN A LONG TERM PROGRAMME WITH 60 CHILDREN. FOREST SCHOOL PRE-SCHOOL/FAMILY GROUP AND HOME EDUCATION FOREST SCHOOL. SUMMER HOLIDAY SESSION WITH AIMING HIGH FOR DISABLED CHILDREN. FOREST SCHOOL TRANSITION PROJECT- WORKING WITH 13 CHILDREN FROM 5 PRIMARY SCHOOLS CREATING A WILD SPACE ON THE GROUNDS OF THEIR NEW HIGH SCHOOL.

**GROW TOGETHER-** CREATING A NETWORK OF VOLUNTEERS ACROSS THE COUNTY TO GARDEN TOGETHER AND IMPROVE PHYSICAL HEALTH AND WELLBEING.

**PLOT TO POT-** GARDENING AND GRUBS UP COOKING PROJECT WITH CHILDREN AND FAMILIES IN RUTLAND. THE GRUBS UP COURSE HAS ENGAGED LOCAL FAMILIES IN COOKING TOGETHER.

**STAMFORD COMMUNITY ORCHARD GROUP ART PROJECT-** WORKING WITH 200 CHILDREN IN 5 SCHOOLS ACROSS RUTLAND AND LINCOLNSHIRE TO DEVELOP ART WORK ABOUT ORCHARDS, TO BE EXHIBITED ON APPLE DAY IN OCTOBER.

**FILL YER BOOTS CAFE-** CONTINUES TO RUN TWICE WEEKLY AT UPPINGHAM C OF E PRIMARY SCHOOL USING SURPLUS FOOD FROM LOCAL SUPERMARKETS, THE CAFE RAN ONCE WEEKLY THROUGHOUT THE SUMMER HOLIDAYS IN UPPINGHAM TO SERVICE THE WHOLE COMMUNITY. WE PROVIDED 100 FREE SURPLUS FOOD MEALS FOR LOCAL PEOPLE.

**COMMUNITY WOODS AND ALLOTMENT-** AT THE RUTLAND FARM PARK. CONNECTING PEOPLE TO A LOCAL GREEN SPACE TO GROW FOOD COMMUNALLY AND TO DEVELOP AND MANAGE A WOODLAND IN THE HEART OF THE TOWN.

**WILD WORKSHOPS-** AROUND 30 ADULTS IN RUTLAND ATTENDED OUR WILD WORKSHOPS TO HAVE FUN LEARNING ABOUT FORAGING AND COOKING, WORKING WITH NETTLES, ELDERFLOWER CORDIAL MAKING AND SHARING STORIES AND SONGS.

**WEBSITE-** OUR WEBSITE HAS BEEN DEVELOPED AND WE HAVE CONTINUED SUPPORT.

### FUNDERS AND SUPPORTERS

MANY THANKS FOR EVERYTHING!

WINDMILL HOUSE TRUST, RUTLAND FARM PARK, UPPINGHAM TOWN COUNCIL, TESCO, LIDL, COOP, ALDI, ONE-STOP, WEA, LEICESTERSHIRE AND RUTLAND COMMUNITY FOUNDATION, AWARDS FOR ALL, ACTIVE RUTLAND- RUTLAND COUNTY COUNCIL, LEICESTERSHIRE AND RUTLAND PUBLIC HEALTH, ERNEST COOK TRUST. THANKS TOO TO CLARE CARD FOR HUGE SUPPORT WITH MARKETING AND WEB DESIGN.



### COMMUNITY

PEOPLE AND PLACES

WE HAVE ENCOURAGED ACCESS TO GREEN SPACES AVAILABLE TO US IN OUR COUNTY. CHILDREN, ADULTS, THE ELDERS OF OUR COMMUNITIES AND EVEN THE NEWBORNS AND THEIR FAMILIES HAVE ALL BEEN WELCOME TO GET INVOLVED IN OUR WOODLAND AND GARDEN PROJECTS.

### PUBLIC ENGAGEMENT

FESTIVALS, SHOWS AND WILD WORKSHOPS

THE SUMMER HAS BEEN FULL OF EVENTS IN RUTLAND AND BEYOND..

THE RUTLAND SHOW

TIMBER FESTIVAL

ACTION DEAFNESS OPEN DAY

WILD WORKSHOPS FOR WEA

SEED SWAP /APPLE PRESSING/ WORM SURVEY/WOODLAND BIOBLITZ



### FUTURE PLANS

FROM TINY SEEDS....

ART EXHIBITION BASED ON OUR GROW TOGETHER PROJECT

CONTINUE TO REDUCE FOOD WASTE IN OUR FILL YER BOOTS CAFE

FOREST SCHOOL AND WOODLAND WELLBEING SESSIONS FOR CHILDREN AND ADULTS

TRAINING COURSES FOR LOCAL OUTDOOR PRACTITIONERS

WOODLAND MANAGEMENT AND LOOKING AFTER NEW WOODLANDS

WILDFLOWER VERGES

REGENERATING UNUSED FOOD GROWING BEDS AT RUTLAND PLASTICS IN OAKHAM.

STAFF GROWTH



### ROOT-AND-BRANCH OUT CIC

WWW.ROOTANDBRANCHOUT.CO.UK

EMAIL: ROOTANDBRANCHOUT@GMAIL.COM

